

Welcome to the



**Unique Accelerated Construction Projects
Utilizing Prefabricated Technologies**

Presented by Kevin Grant, Senior Regional Bridge Consultant



Metro Transit Authority Long Island Rail Road Colonial Road Improvement Project

ADAM SCHMIT, Railroad Construction Company
JIM RISEBOROUGH, P.E., PHILIP A. CREAMER, P.E.,
Contech Engineered Solutions, LLC
IBC 18-09



MTA LIRR Colonial Road - rendering



Project Overview

Colonial Road Improvements and Pocket Track Extension

- LIRR Contract # 6151
- 60% Designed Bid Package by HNTB



Project Improvement Goals /Requirements:

- Replace Existing Steel Bridge with new roadway
- Install 1500 LF retaining wall
- Install a pocket track to accommodate an additional 12 cars.
- Improvements of the existing Right of Way and Track Drainage deficiencies

General Bid Overview

- Design Build Project
- Construction / Engineering team was - Railroad Construction Company with KS Engineers/ WSP, a Joint Venture.
- Project had 18 Month duration completion period with a 12 Month Roadway Shutdown constraint
- Approx. Cost \$25 Million

KSE/WSP
A Joint Venture

Project Location



- **Great Neck Long Island – Nassau County, NY**
- **LIRR Port Washington Branch**
- **Residential Area**
- **Next to Senior Center / Day Care Center**



LIRR Operating Restrictions and Site Constraints

- **Active Track Environment = 1 train every 20 minutes**
- **52 Hour Work Outages**
 - **1 for LIRR exclusive use for signal system cutover**
 - **4 for RCC use including bridge demo, bridge install, and track installation**
- **LIPPA/PSEG Moratoriums - Memorial Day through Labor Day**
- **Project was in the neighbors' backyards / work right along property lines.**
 - **Noise constraints, parking restrictions, etc.**
- **Limited work area availability to one side of track at a time**
- **Colonial Road Bridge Maximum Shutdown for One Year**
- **PLA / Union Agreements**
- **Precast Rail Delivery Requirements**



Original Structure

Built in 1897

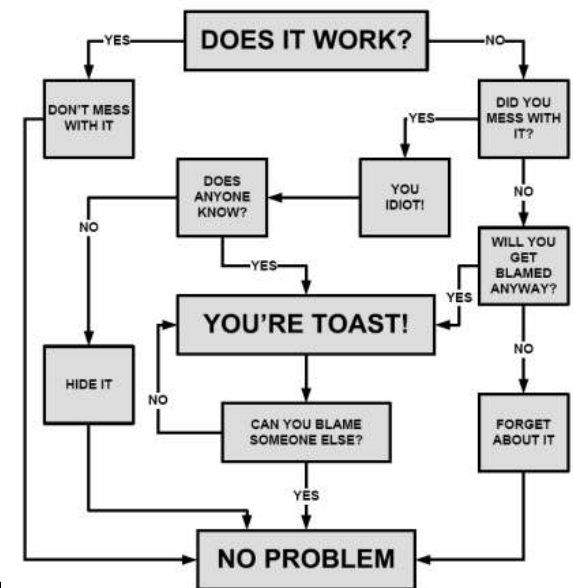
- 222 ft long steel truss with open deck metal grating
- Carried two lanes of traffic over LIRR's Port Washington branch
- Structurally deficient with a 3 ton load limit
- Frequent inspections and maintenance needed
- Very Noisy!!



Design Factors for Consideration

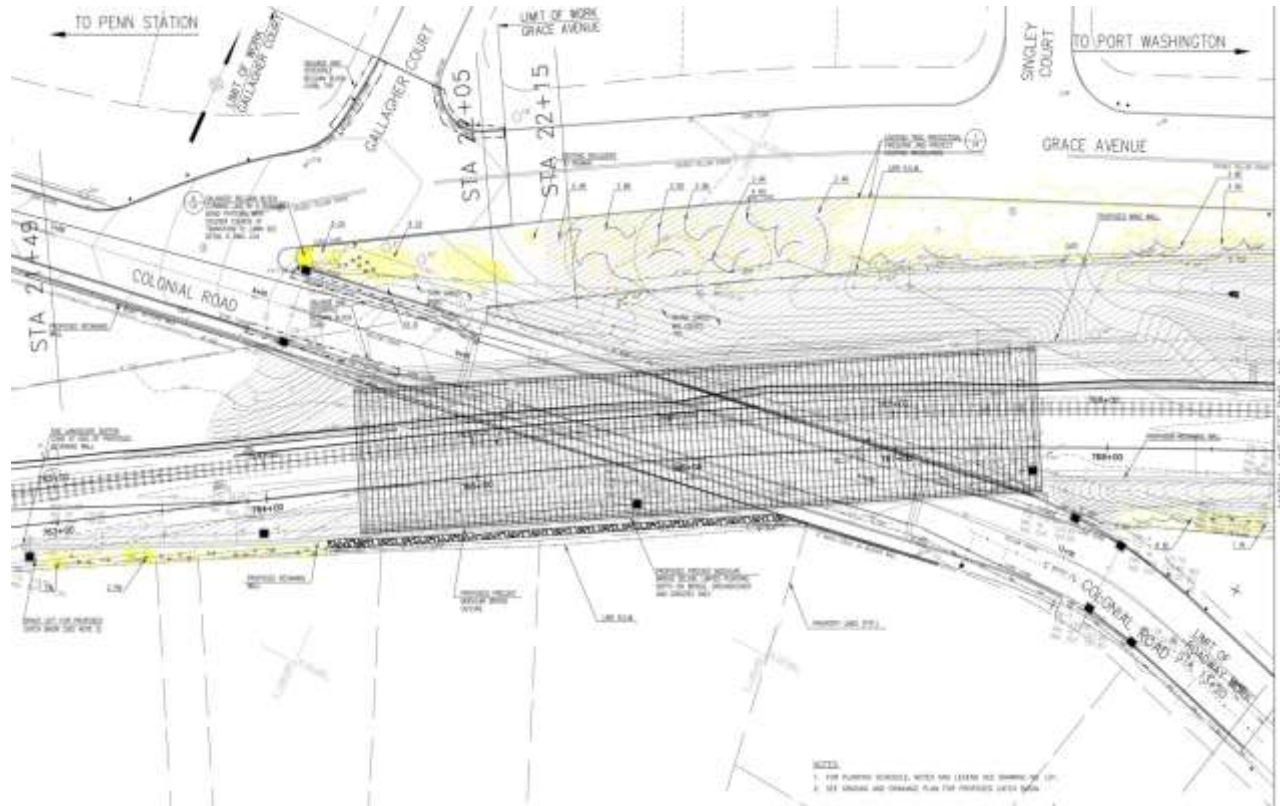
- Skewed alignment of Colonial Road and the LIRR
- Roadway / Track Profile Constraints – No Change to vertical & horizontal alignment.
- LIRR train clearance & train line of sight requirements.
- Retaining Wall Construction – Access & Ground Conditions
- Abutment Construction – Overhead utilities / location to active rail.

Problem Solving Flowchart

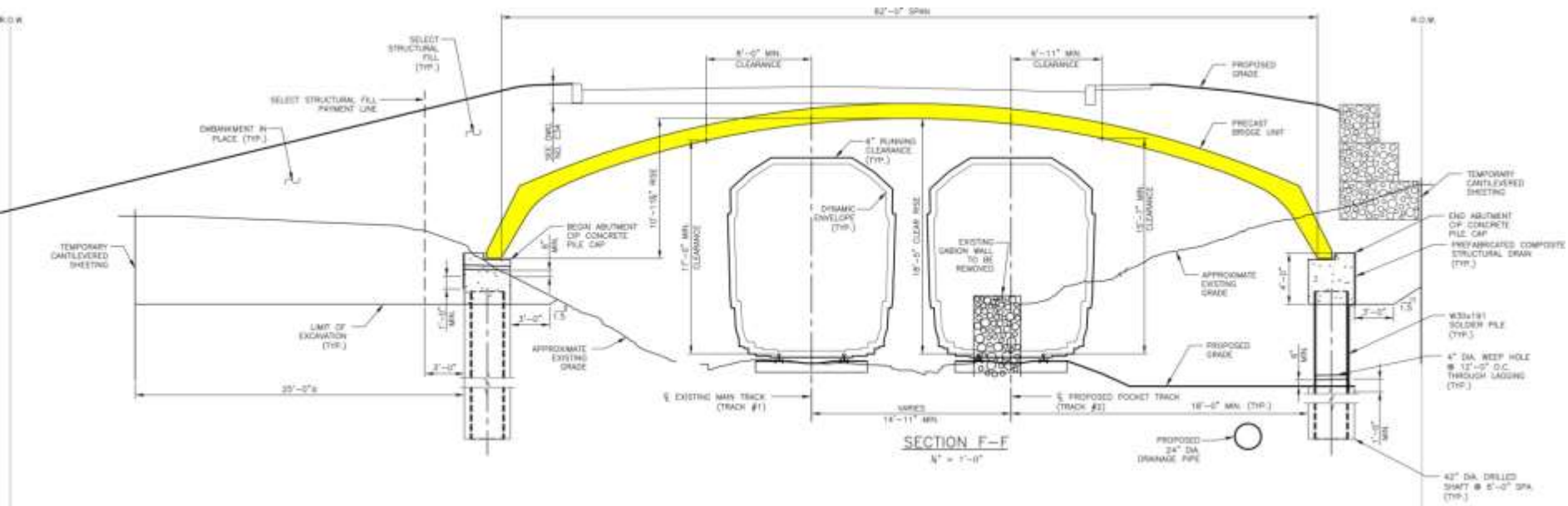


Skewed Alignment

- The roadway is at a 70 degree skew with the rail line below
- The horizontal and vertical alignments of the road and track could not be modified



Roadway Profile & LIRR Clearance Requirements



Only 3 ft. vertical clearance from the profile grade of Colonial Road to the top of the track

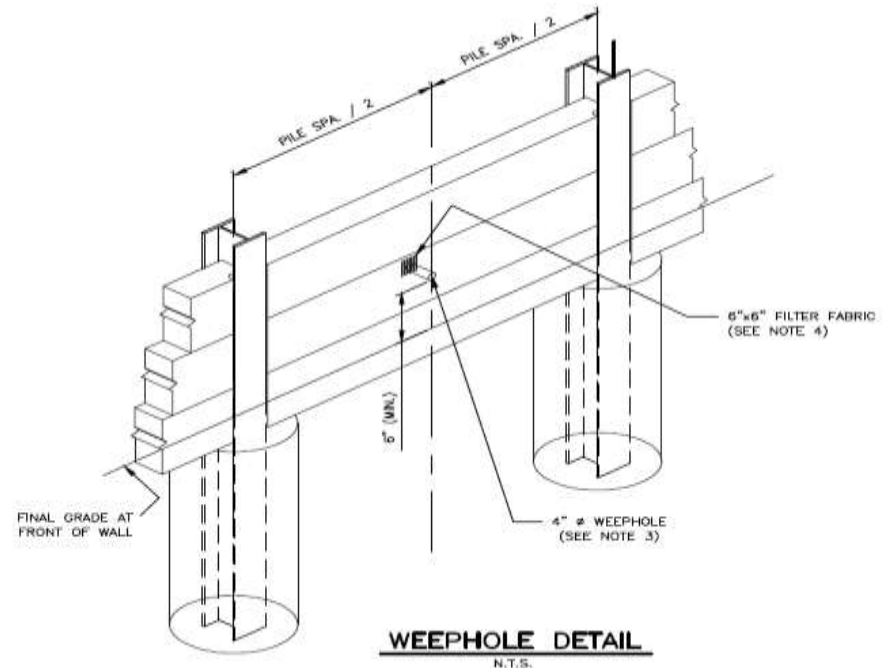
Retaining Wall Construction

Original 60% design

- Retaining walls were designed as soldier piles with precast lagging.

Issues/Concerns

- Cost to Drill & Handle Spoils
- Lagging cost – Timber & Concrete due to existing grade a tight property lines.



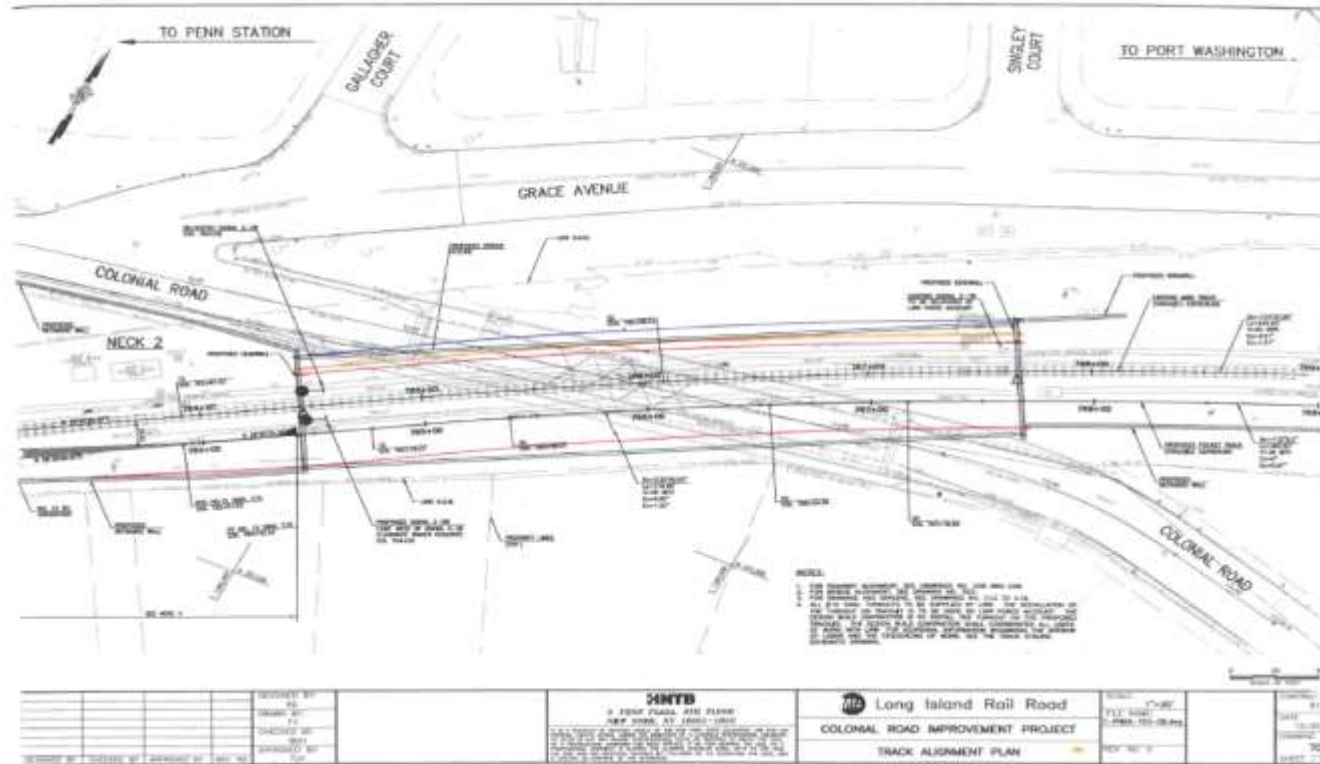
Design Modifications

1. Straight Bridge Structure vs. a Curved Structure
2. Adjustments to Bridge Span & Length
3. Abutment Footing Modifications
4. Cantilever Sheet Pile & H Beam Retaining Wall with CIP Encasement.

Design Modification # 1 & 2

Curved Structure & Reduced Span Width

- Hold horizontal train clearance dimensions on both sides
- Hold vertical clearances above the trains
- Meet conductor line of site requirements



Precast Arch System Benefits

- Precast arches could be designed to span the track perpendicularly vs the much longer skewed length
- Thin concrete sections with minimal cover would meet railroad clearance requirements
- Modular arch elements can be manufactured offsite and installed quickly during the two allowed closure weekends
- Buried structure buffers noise from trains going through structure.
- Precast arch elements allow backfill operations to immediately progress after units and joint seals where installed.



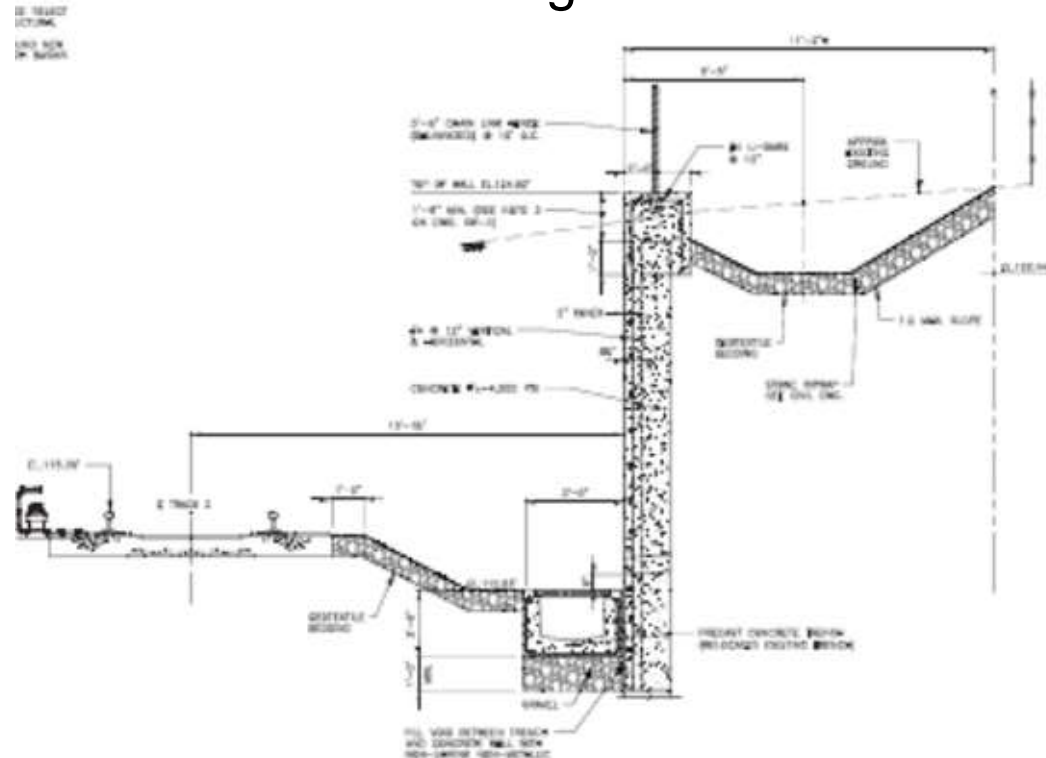
Design Modification # 3 - Retaining Wall Review

Drill Shaft with Soldier Piles
Precast Lagging System

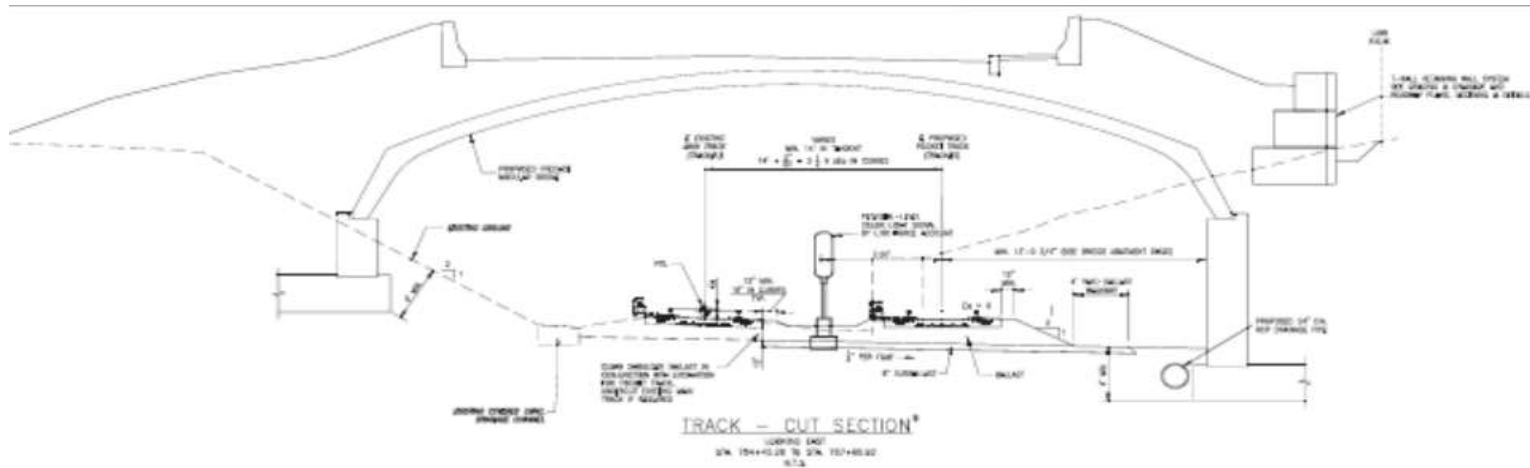


Concrete encased
Steel Sheeting/Pile

- Better aesthetics and use of continuous formliner
- Increased sound absorption with use of wall system
- Improved construction schedule



Design Modification # 4 - Pedestal Spread Footing



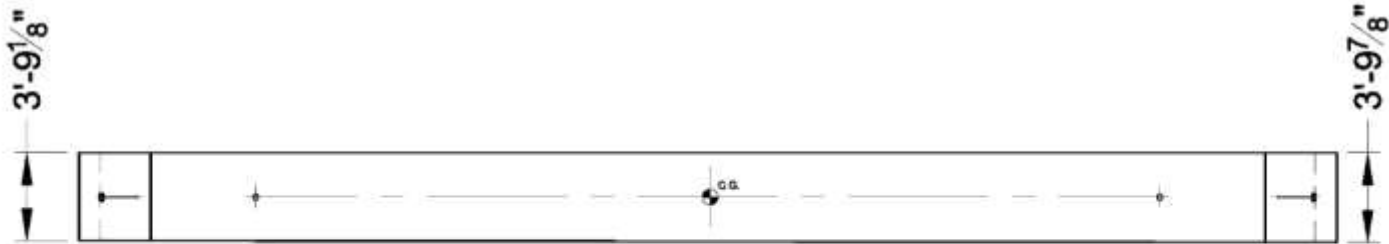
- Original design required high mast equipment that would cause potential delay
- Redesign of foundations to spread foundations was considered better suited for safe track operations and less utility interference
- New design follows the curved alignment of track and precast arches

Arch Manufacturing

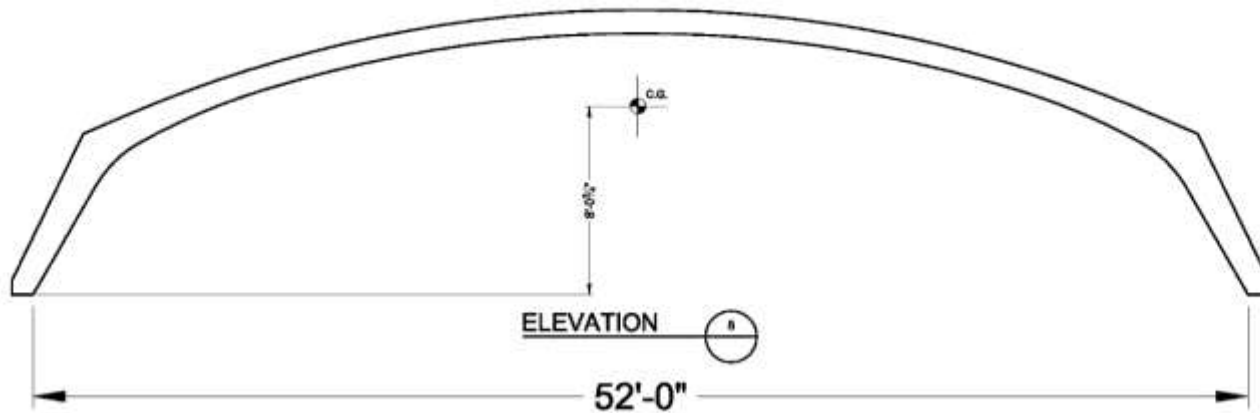
- Form system modified for small taper to create radius
- Cast 2 units per day



Arch Dimensions



PLAN - C3
TOTAL WEIGHT = 19.8 TONS

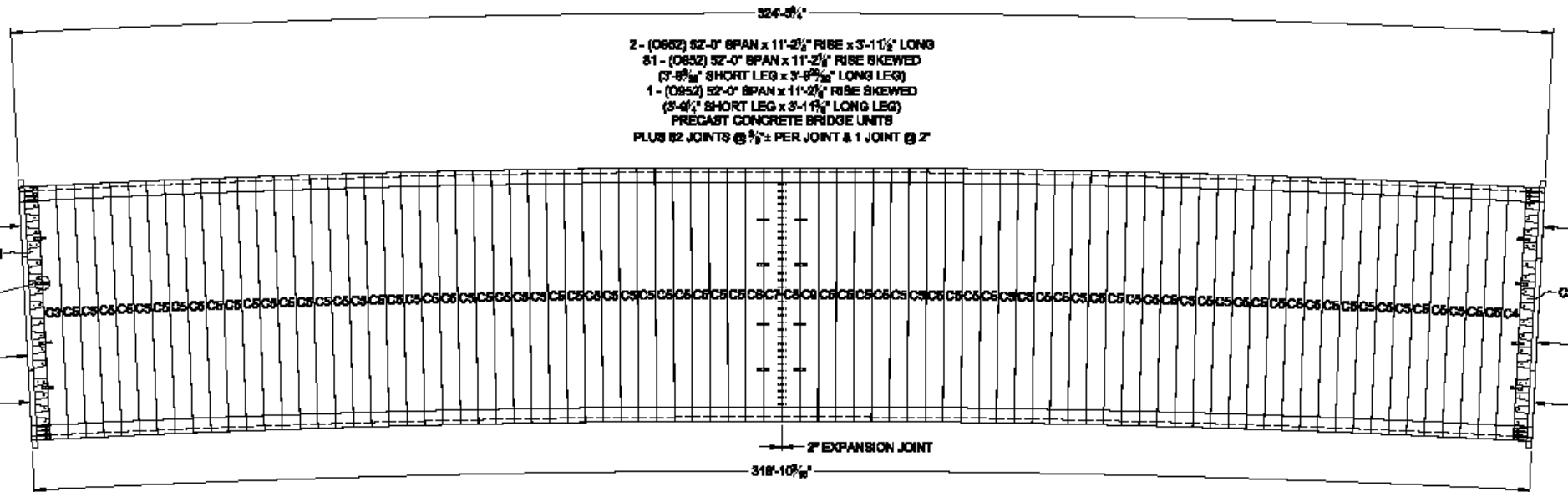




Bridge Final Layout

(2) End units 3' 11-1/2" long with detached headwalls, 21 T ea.

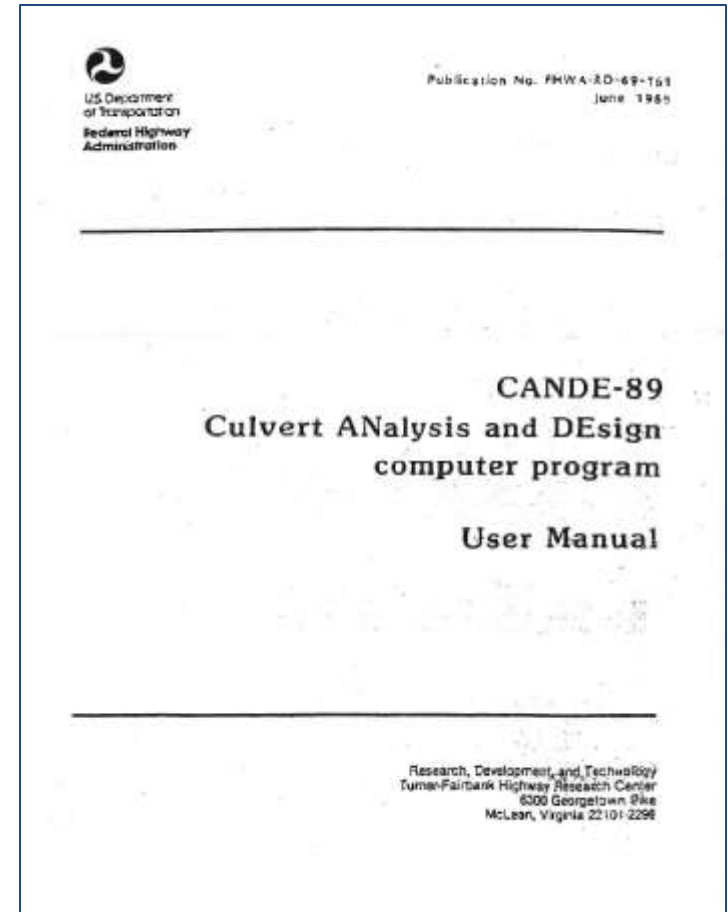
(82) Tapered units, 3'-9 3/32" short leg, 3'-9 29/32" long leg, 20 T ea.



KEY PLAN

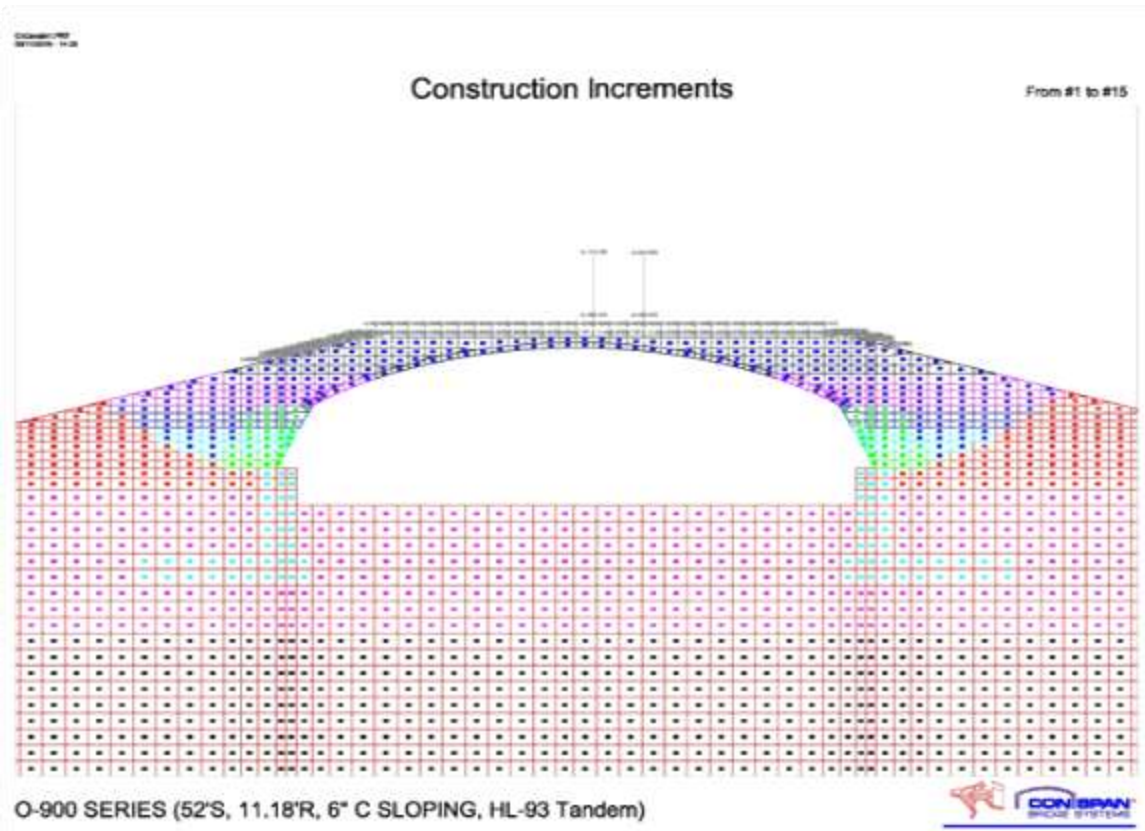
Bridge Analysis and Design

- Use CANDE - Culvert Analysis and Design Program
- Finite Element Approach
- Soil-Structure Interaction Analysis



Arch Standard Design

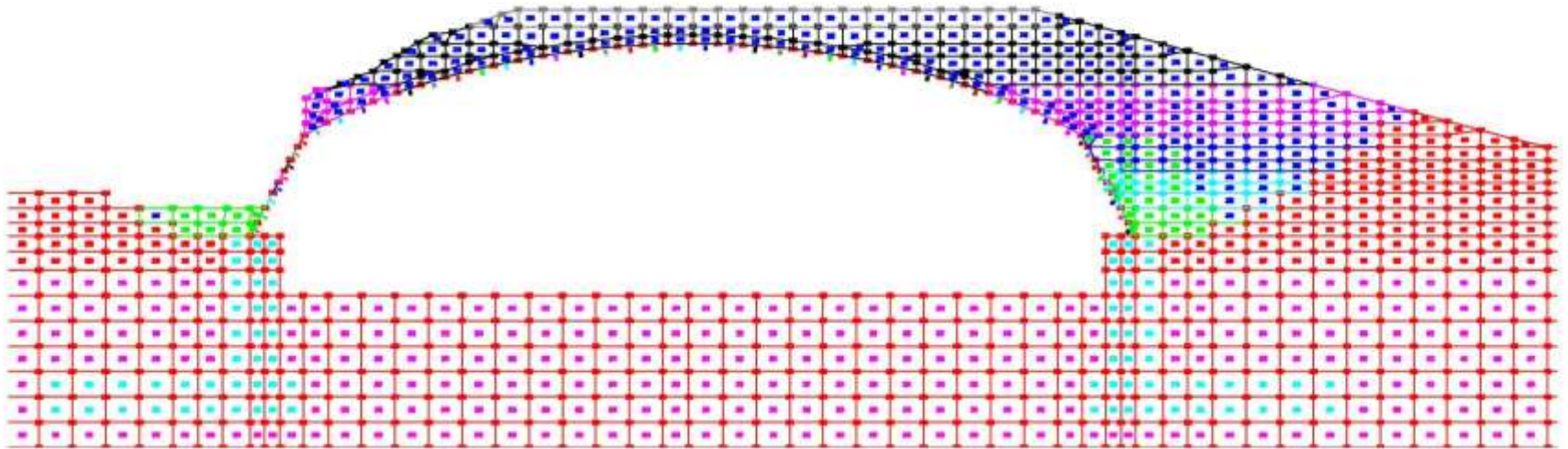
- AASHTO HL-93 LIVE LOAD
 - Truck & Tandem
 - Multi Directions Analysis due to skew of road



Arch Backfill Special Case



Special Case Design – warped fill



Construction Phasing

- Build Footers While Existing Bridge is still in Place
- Remove existing bridge prior to precast arch delivery.



Construction Phase – Spread Footing Abutments

North Abutment was
constructed with
trench box SOE

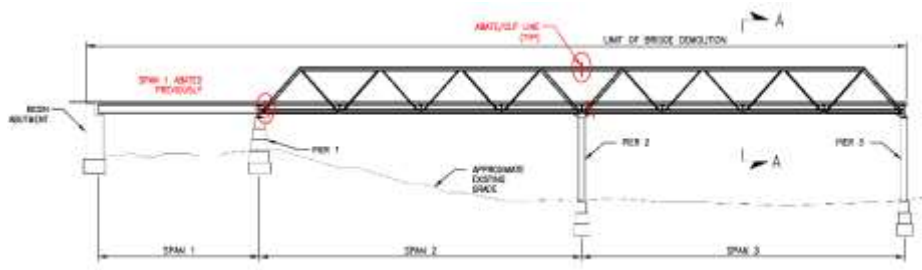
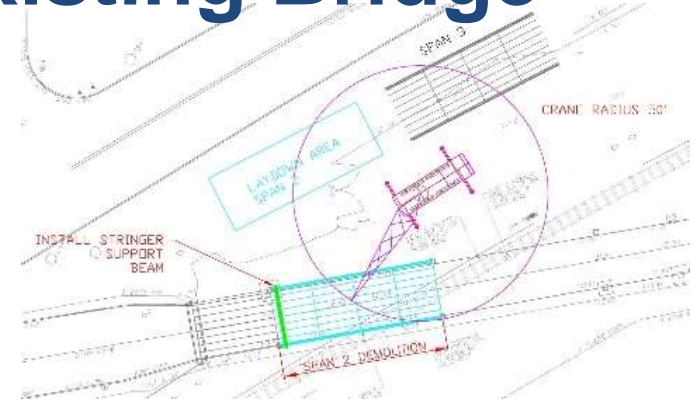


South Abutment had to be
Constructed in a cofferdam
system

Construction Phase – Existing Bridge Removal

Existing Bridge Removal 1st Weekend Outage

1. Install Track Protection
2. Lead Abatement of Bridge Cut points
3. Demolition of Span 1-3 of Existing Bridge approx 50 ton lifts
4. Demolition of Concrete Piers
5. Removal of Existing North Abutment and Wingwall
6. Removal of Track Protection
7. Track Crossing of Drainage @ Sta 771+90



Installation of Precast Arches

Preparation Completed Prior to Weekend Outage

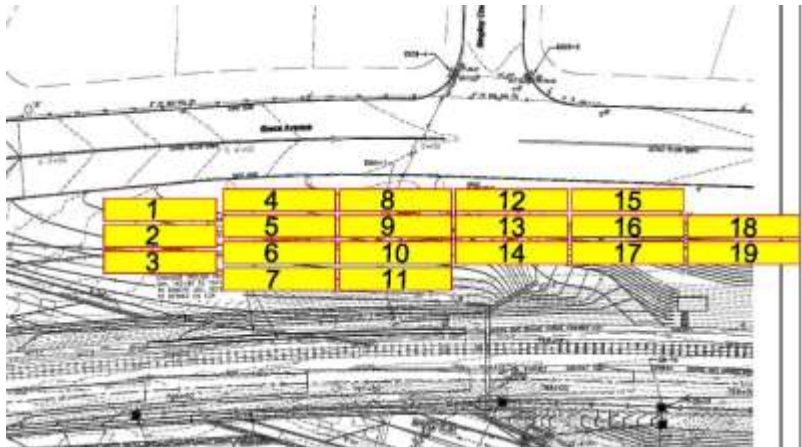
- Completion of Cast-in-Place Abutment Walls and Footings
- Crane Pick Plan and Work Plan Approval
- Delivery of Precast Arches – 41 Arches on Trailer
- Position and setup crane
- Include KS Engineers Approval and Sign-off on Location
- Survey Layout of Arch Placement
- Precast Arch Inspection Report – Pre & Post Delivery



LOCATION 2 CRANE CRITERIA					
Max Pick Actual Weight (Kips)	Rigging Actual Weight (Kips)	Total Actual Weight (Kips)	Crane Capacity (Kips)	Factor of Safety Required (LIRR)	Factor of Safety Actual
41.4	29.7	71.1	179.0	1.50	2.52

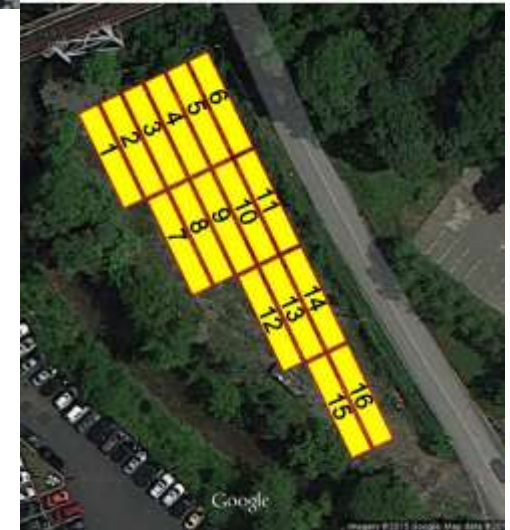
Construction Phase - Installation of Precast Arches

Precast Arch Storage Areas



On-Site Trailer Layout

- NCPD has been contacted and will provide escort from Bayview Yard to site.



Bayview Yard Trailer Layout

Weekend Track Outage Work Schedule

PN-BG/TW, COLONIAL ROAD IMPROVEMENT PROJECT - INSTALLATION WEEKEND TRACK OUTAGE SCHEDULE

Activity No.	Contingency	Activity	Duration (Days)	Start Date	Start Time	End Date	End Time	Saturday, September 26, 2015														Sunday, September 27, 2015														Activity Duration (Days)
								0:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	24:00				
IRRR INSTALLATION 1 IRR RMC Request Track Out of Service																																				
2		Prep For Outage Window #1	2	9/26/2015	8:30	9/26/2015	9:30	[Red bar]																												
3		Lift & Set Precast Unit # 1 - 5	3	9/26/2015	2:00	9/26/2015	5:00	[Red bar]																												
4		Lift & Set Precast Unit # 7 - 12	3	9/26/2015	8:00	9/26/2015	9:00	[Red bar]																												
5		Lift & Set Precast Unit # 13 - 18	3	9/26/2015	8:00	9/26/2015	11:00	[Red bar]																												
6		Lift & Set Precast Unit # 19 - 24	3	9/26/2015	11:00	9/26/2015	14:00	[Red bar]																												
7		Lift & Set Precast Unit # 25 - 30	3	9/26/2015	14:00	9/26/2015	17:00	[Red bar]																												
8		Stack Flatbed Trailers	4	9/26/2015	14:00	9/26/2015	18:00	[Red bar]																												
9		Remove Tie Rods	4	9/26/2015	18:00	9/26/2015	22:00	[Red bar]																												
10		Grout Precast Archies 1 through 15	4	9/26/2015	8:00	9/26/2015	12:00	[Pink bar]																												
11		Grout Precast Archies 16 through 30	4	9/26/2015	17:00	9/26/2015	21:00	[Pink bar]																												
12		Relocate Existing Trench Drain	8	9/26/2015	18:00	9/26/2015	5:00	[Red bar]																												
13		Lift & Set Precast Unit # 31 - 36	3	9/27/2015	1:00	9/27/2015	4:00	[Red bar]																												
14		Lift & Set Precast Unit # 37 - 42	3	9/27/2015	4:00	9/27/2015	7:00	[Red bar]																												
15		Lift & Set Precast Unit # 43 - 48	3	9/27/2015	7:00	9/27/2015	9:00	[Red bar]																												
16		Install Temp Headwall Posts	2	9/27/2015	8:00	9/27/2015	11:00	[Red bar]																												
17		Install Headwall Liner	2	9/27/2015	11:00	9/27/2015	13:00	[Red bar]																												
18		Stack Empty Trailers	2	9/27/2015	13:00	9/27/2015	16:00	[Red bar]																												
19		Remove Temp Headwall Posts	1	9/27/2015	13:00	9/27/2015	14:00	[Red bar]																												
20		Grout Precast Unit # 31 - 44	5	9/27/2015	5:00	9/27/2015	13:00	[Pink bar]																												
21		Remove Precast Tie Rod Units 31 - 44	10	9/27/2015	7:00	9/27/2015	17:00	[Red bar]																												
22		Clear Tracks for Train Service	1	9/27/2015	17:00	9/27/2015	18:00	[Red bar]																												
23		Contingency Time	10	9/27/2015	18:00	9/28/2015	3:15	[Orange bar]																												
IRRR MAINTENANCE WORK Activity Name Duration (Days) Start Date Start Time End Date End Time																																				
CURRENTLY UNDER DEVELOPMENT BY FA								CURRENTLY UNDER DEVELOPMENT BY FA																												
PREPARED CONTRACTORS																																				
LOCATION	NAME	ORG	PHONE	TITLE																																
FIELD OFFICE SITE	DAK KNOTT	JRCDPM	917-642-3796	IRM	[Green bar]																															
FIELD OFFICE SITE	ROBERT ANTONIO	JRCDPM	618-882-8488	SRPM	[Green bar]																															
FIELD OFFICE SITE	WILSON ABAYAS	JA	817-588-3807	ESUP	[Green bar]																															
FIELD OFFICE SITE	TOM HENDERSON	STV	347-388-1960	RE	[Orange bar]																															
FIELD OFFICE SITE	MOHAMMED SADEK	JA	862-482-7818	ASUP	[Orange bar]																															

NOTES: CPM SUPERVISION (E. MEROLA & R. FAZEL) ARE NOT INDICATED ON THIS SCHEDULE, BUT WILL ALSO BE ON SITE. SCHEDULE UPDATED TO BE SENT FROM ONE FIELD OFFICE DIRECTLY TO DISTRIBUTION.

TRACK OUTAGE SCHEDULE:
 SATURDAY 06:00 - 12:01 AM and SUNDAY 06:00 to 3:15 AM

Construction Phase – Arch Install Weekend # 1 Complete

- Install 41 Arch Elements
- Install 3 Head Wall Units
- Install Arch Grout
- Remove Tie Rods & Head Wall Supports.



Construction Phase – Arch Install Weekend # 2 Complete

- Install 41 Arch Elements
- Install 3 Head Wall Units
- Install Arch Grout
- Remove Tie Rods & Head Wall Supports.

Summary of Structure

- Total – 82 Arch Elements Installed
- 325 LF Long





Construction Phase – Retaining Wall Installation



Retaining Wall



ASCE New York Metropolitan Section 2017 Design/Build Project of the Year



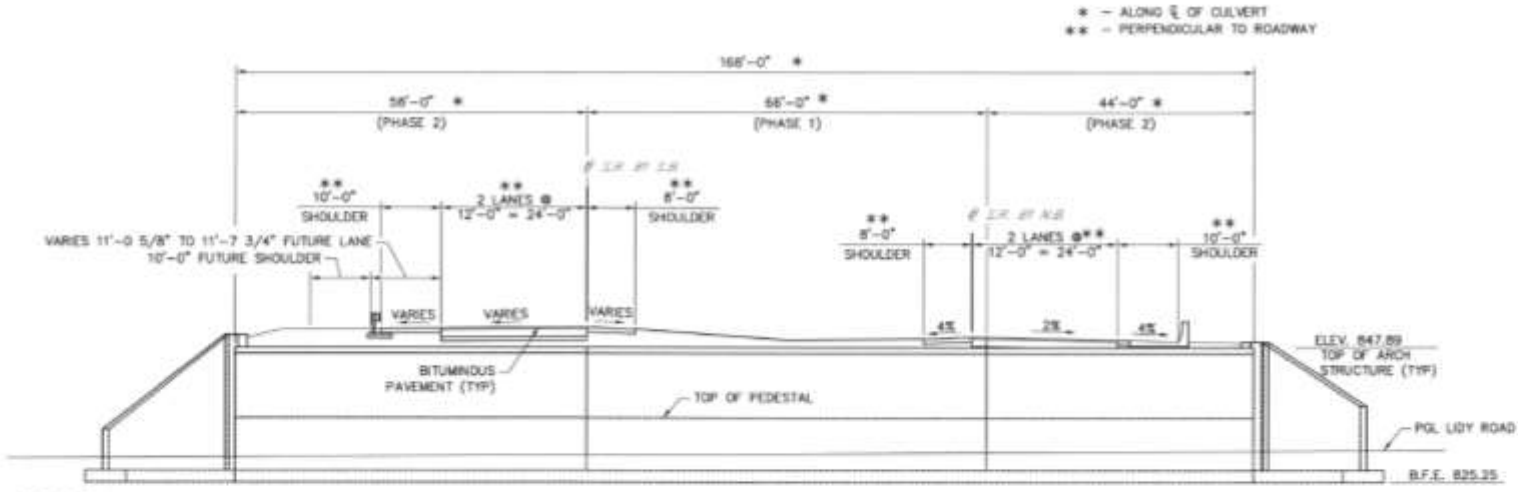


Project Partners:
Designer/Engineer:
KSE/WSP (a Joint Venture)
Owner:
MTA Long Island Rail Road
General Contractor:
Railroad Construction Company
Precast Provider:
Contech Engineered Solutions

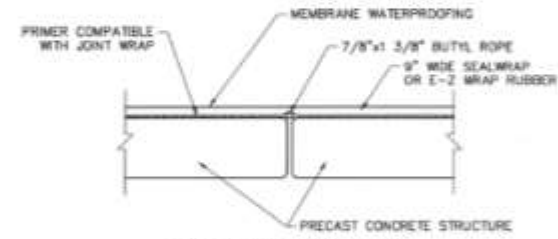
**PennDOT District 4-0
SR-0081-255 over Lidy Road**

**CON/SPAN PRECAST BRIDGE SYSTEM
NATIONAL HIGHWAY SYSTEM APPLICATION**

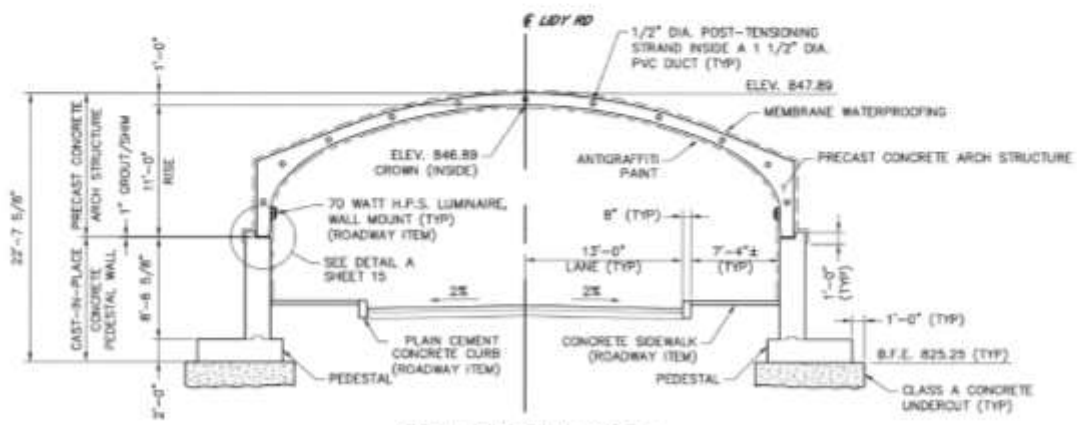
EOR: McTish, Kunkel & Assoc.



TYPICAL SECTION
S.R. 81



TYPICAL JOINT SEAL DETAIL
N.T.S.



TYPICAL LONGITUDINAL SECTION



Mark	Description	By	Chk'd	Rev'd	Date
REVISIONS					

S.R. 81 PREVIOUSLY KNOWN AS I.R. 1005

LEGEND
B.F.E. = BOTTOM OF FOOTING ELEV.

COMMONWEALTH OF PENNSYLVANIA
DEPARTMENT OF TRANSPORTATION

LUZERNE COUNTY
S.R. 81, SEC. 255

SEG. 1770 OFFSET 2088 N.B. / SEG. 1771 OFFSET 2009 S.B.
S.R. 81 STA. 1969+50.75 N.B. / STA. 1969+44.12 S.B.
OVER LIDY ROAD

PRECAST CONCRETE ARCH STRUCTURE
GENERAL PLAN















SR-81 over Lidy Road – Finished Photo



Main Street Rehabilitation Norristown, PA EOR: Transystems, Inc.

- Structurally deficient, 159 year old structure
- Location: Norristown, Main Street near SR 202
- Carries 20,000 vehicles per day, too much traffic to detour.
- Structure was deemed historical and could not be replaced.
- PennDOT Specifies a 37'-10" x 12'-11" 3 Gage plate structure, 76'-6" in length and provide HS-25 Loading.
- Contractor chooses alternate aluminum material

Main Street Rehabilitation

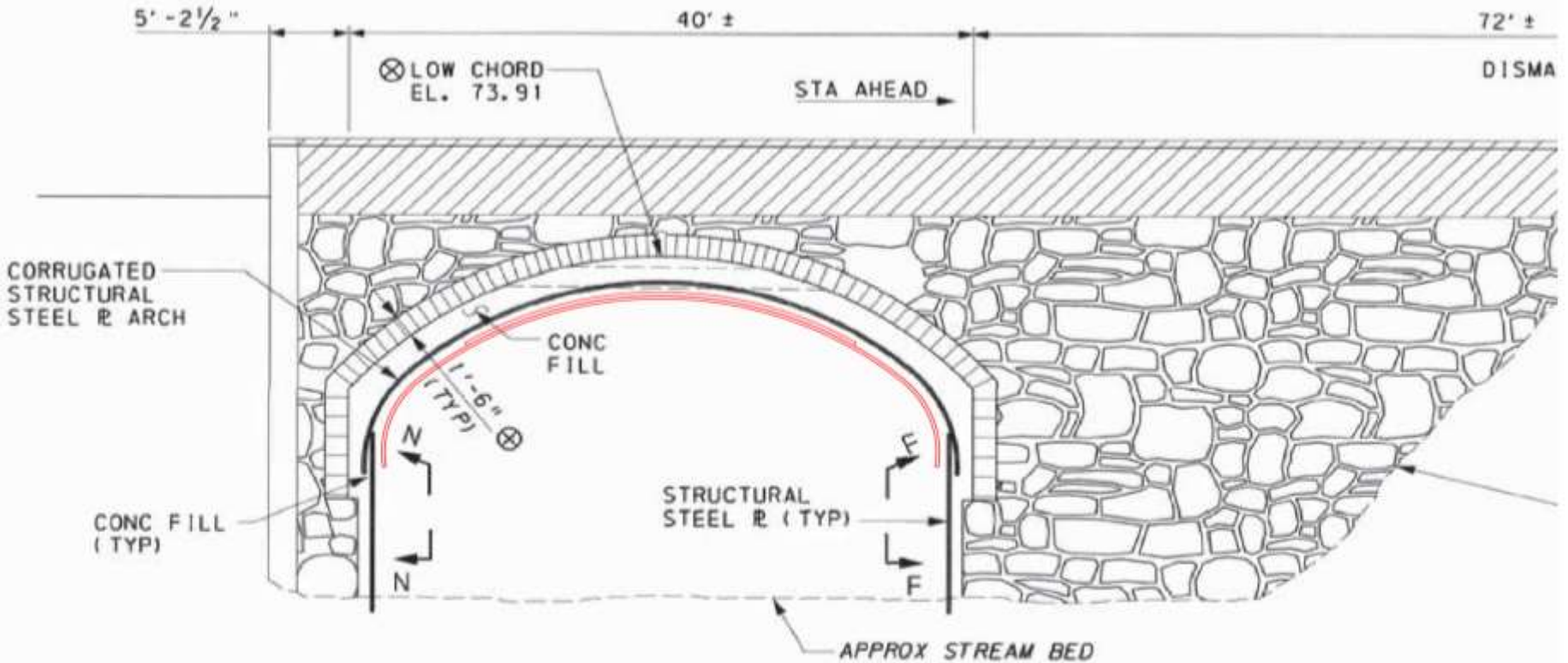
Site Conditions

- 8' of standing water under the bridge.
- Record rainfall of 23" in the previous month
- Flash flooding occurred frequently in the bridge area.

Means And Methods

- Built-in-Place method used, due to use of light weight material and generous annular space between structures.
- Assembly was completed in six days.
- Grouting was completed in a phased approach over a 10 days.

Main Street Rehabilitation



RT ELEVATION (DOWNSTREAM)



Main Street Rehabilitation



Main Street Rehabilitation



Main Street Rehabilitation



Main Street Rehabilitation



Main Street Rehabilitation



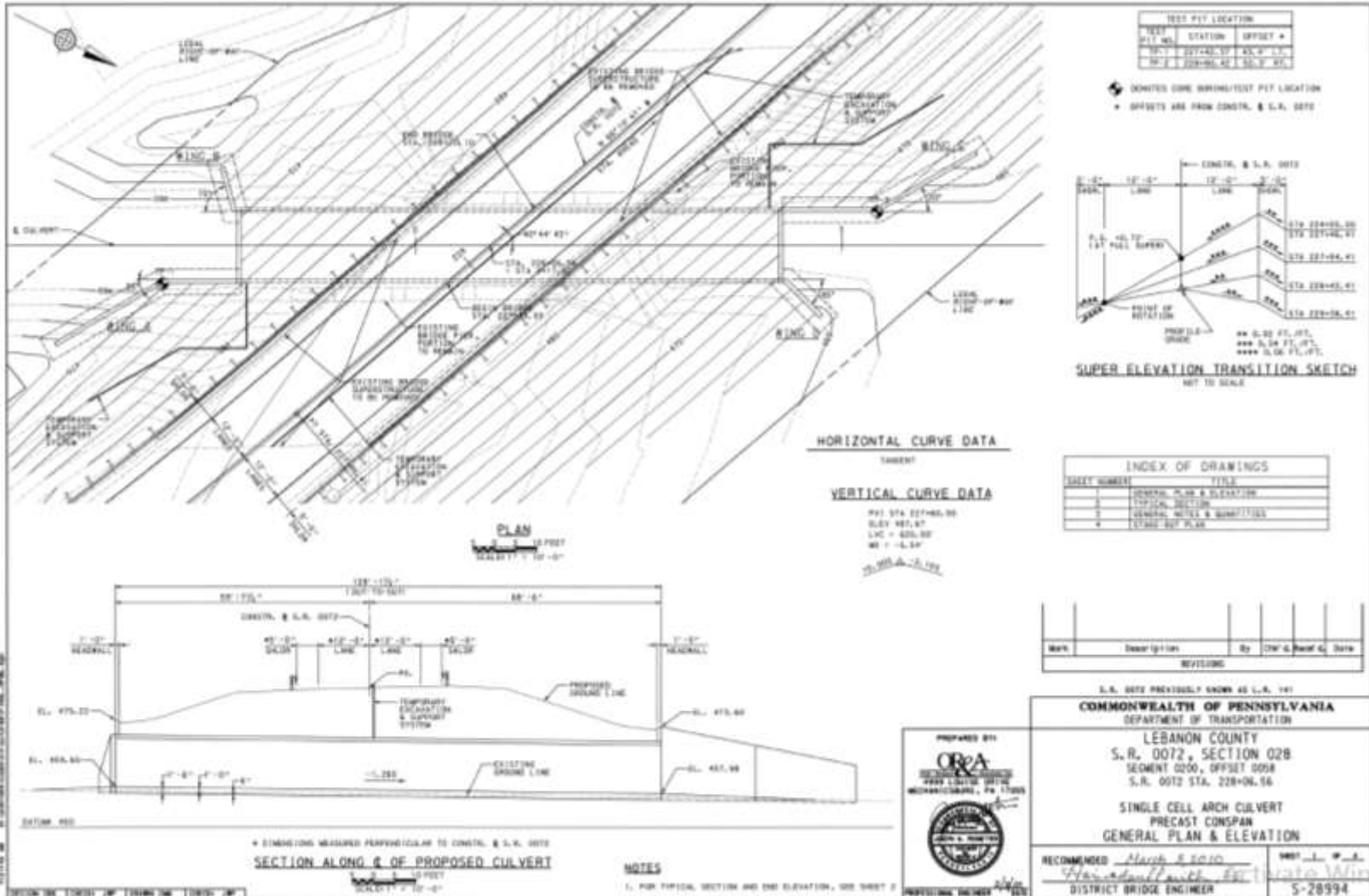
Main Street Rehabilitation – finished photo



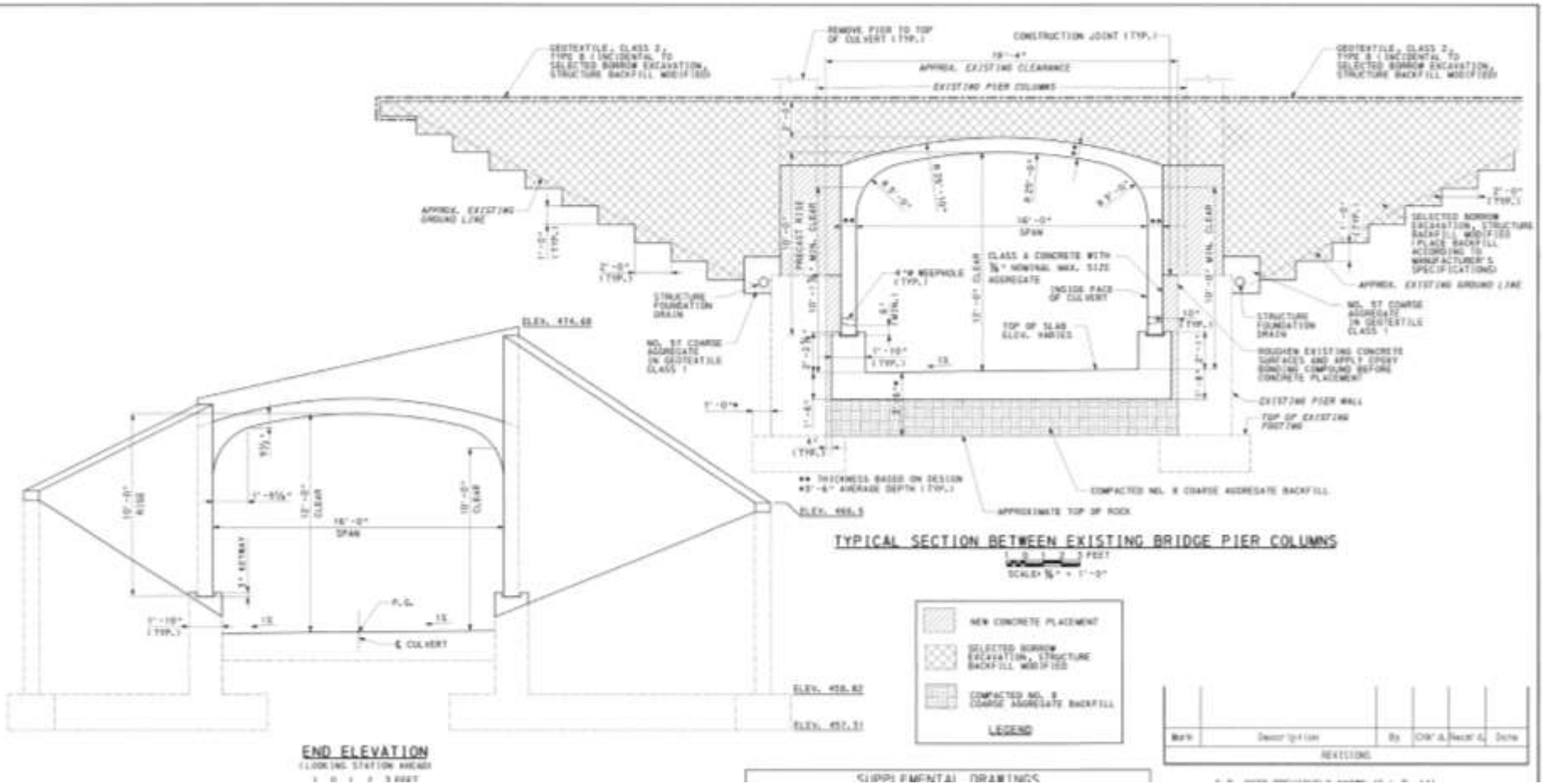
**SR 0072-028 PennDOT District 8-0 – existing bridge
CON/SPAN Concrete Arch
EOR: Orth-Rodgers and Assoc.**



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch



SR 72- PennDOT District 8-0 CON/SPAN Concrete Arch – finished photo



SEPTA R5 – Existing Structure

EOR: SEPTA

Design Challenges:

- Obtain 24' x 12' Clearance Box
- Commuter Service Out for Less than Four Days
- Design for AREMA E-80 Railroad Loading

Solution Development

- ✓ Project Design Worksheet
- ✓ Structure Selection
- ✓ Siting & Layout
- ✓ Engineer Estimate
- ✓ Site Simulation

Design Support

- ✓ Specifications
- ✓ Contract Drawings
- ✓ Structural/Fabrication Drawings
- ✓ Custom Shape Development
- ✓ Horizontal/Vertical Alignment
- ✓ Foundations

Installation

- ✓ Preconstruction Meeting
- ✓ On-Site Installation Assistance
- ✓ Logistics Coordination



SEPTA R5 – Replacement Structure



New York DOT I-90 Albany, NY CON/SPAN Rebuild of Steel Beam Bridge EOR: NYSDOT Region 1



New York DOT I-90 Albany, NY CON/SPAN Rebuild of Steel Beam Bridge



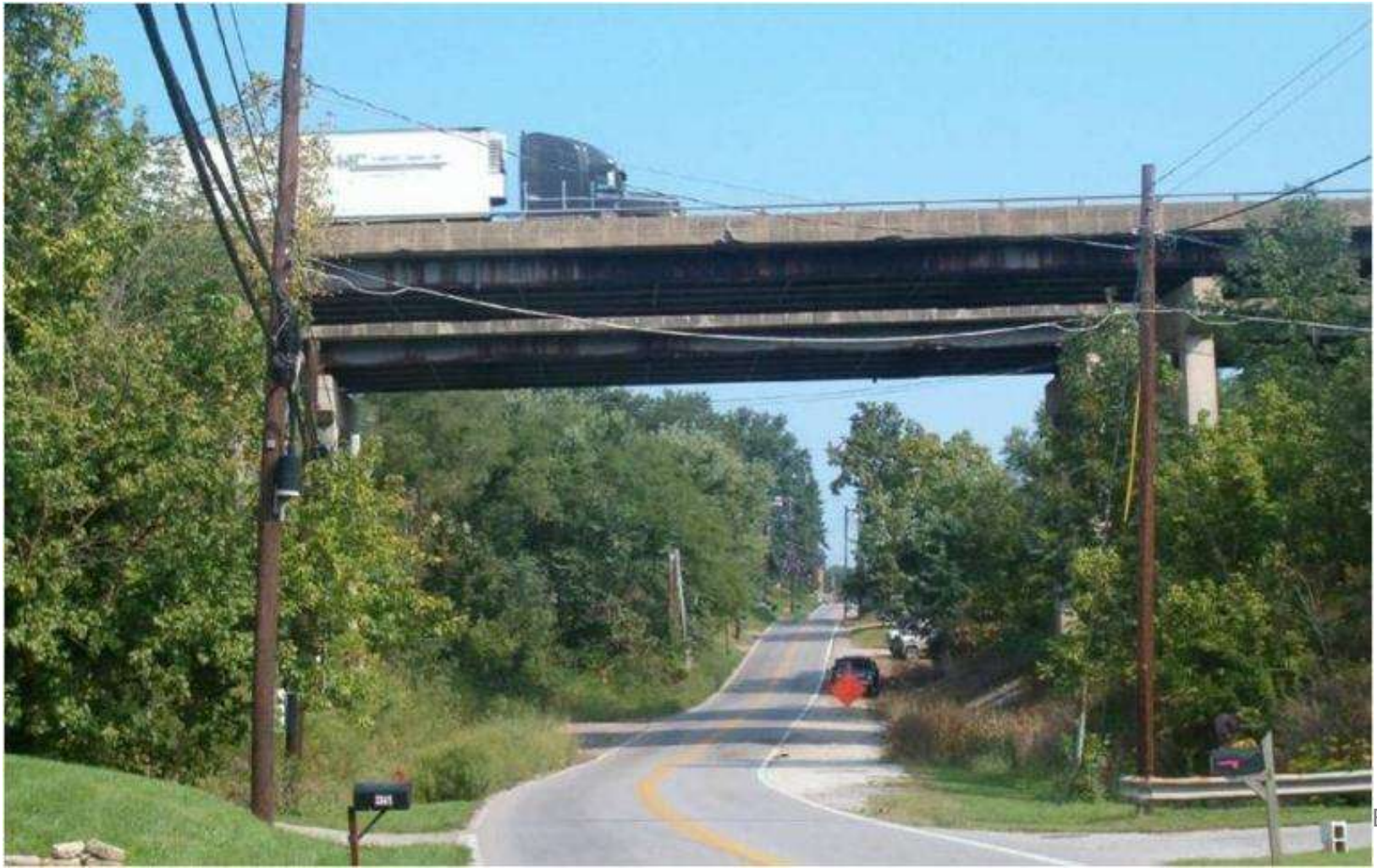
New York DOT I-90 Albany, NY CON/SPAN Rebuild of Steel Beam Bridge



New York DOT I-90 Albany, NY CON/SPAN Rebuild of Steel Beam Bridge



WV DOT I-64 Huntington, WV BEBO Concrete Arch Rebuild of a Concrete Beam Bridge – existing bridge



WV DOT I-64 Huntington, WV BEBO Concrete Arch Rebuild of a Concrete Beam Bridge



WV DOT I-64 Huntington, WV BEBO Concrete Arch Rebuild of a Concrete Beam Bridge



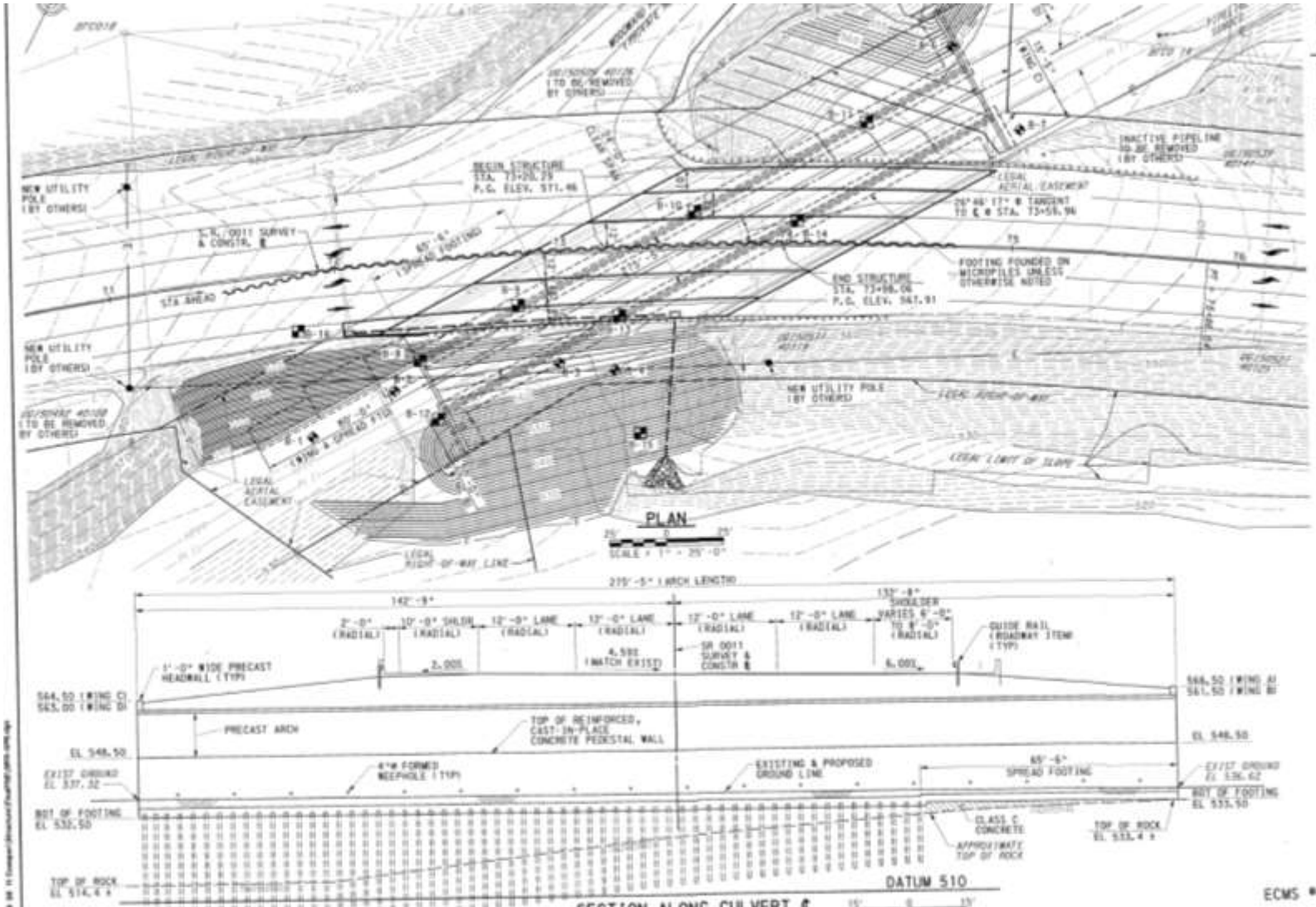
WV DOT I-64 Huntington, WV BEBO Concrete Arch Rebuild of a Concrete Beam Bridge



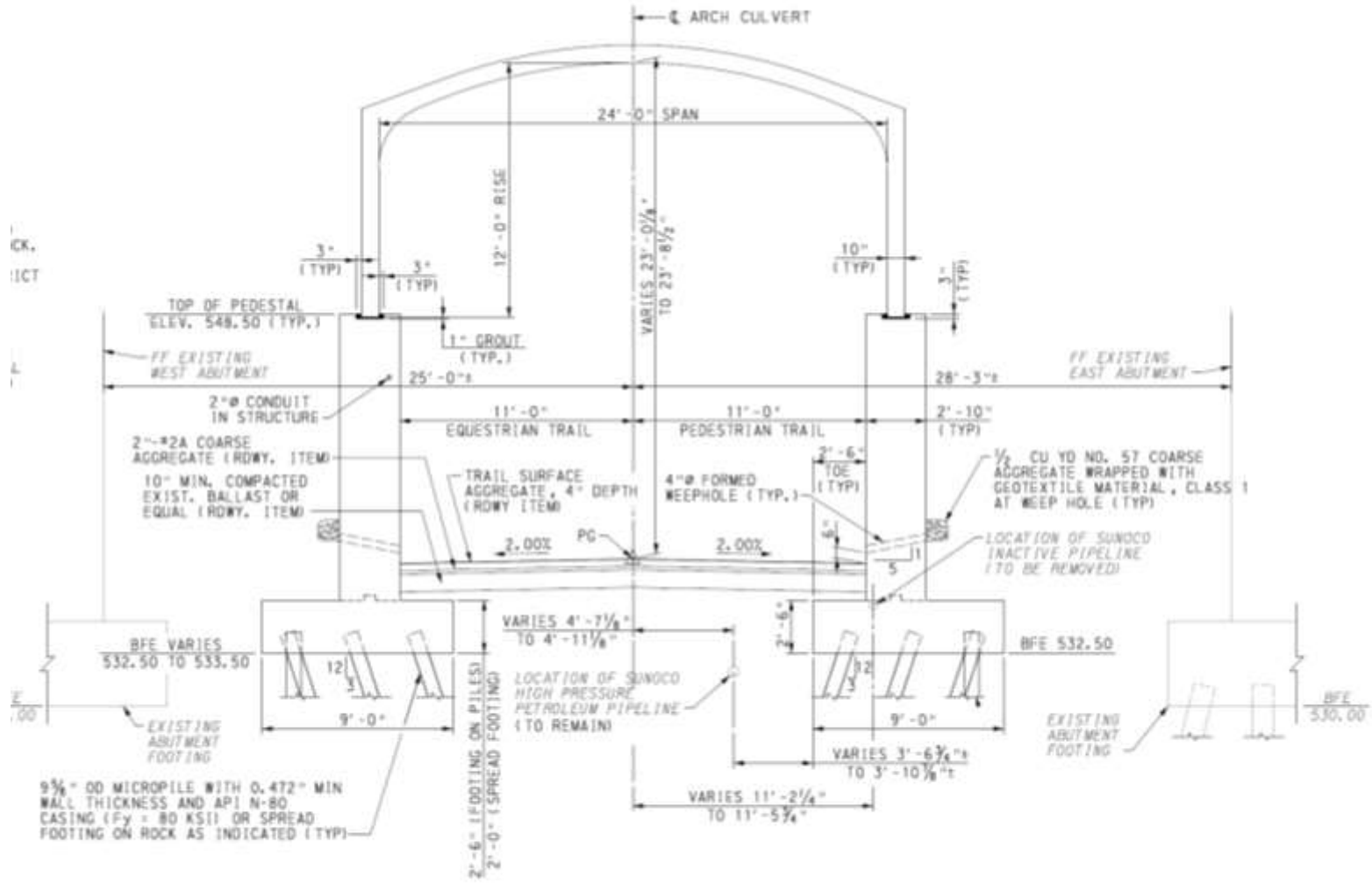
SR 0011-354 – existing bridge EOR: RETTEW



SR 0011-354



SR 0011-354



TYPICAL ARCH SECTION



SR 0011-354



SR 0011-354



SR 0011-354



SR 0011-354



SR 0011-354



SR 0011-354



SR 0011-354 – replacement structure



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- **Nationwide support, with local representatives to help you.**
- **Engineering team to help with solutions, plans and specifications**

